

Pilates Teacher Training

360 hour mat and reformer certification

At Inhabit Pilates & Movement, 1211 Bathurst St., Toronto

An intensive mentorship experience with a small cohort of committed students. We introduce teaching early in the program so students can train as teachers; seeing and changing a body with the profound tools of the Pilates Method. Great teachers develop a discerning eye and are able to use the large repertoire of interventions designed to meet the student where they are and move them forward in positive ways.

The 2017-2018 program starts October 20, 2017.

Register before September 20th and receive an early bird savings of \$505 on the full program.

Visit inhabitchilates.com/teachertraining
or call 416-551-2559 for more information

Full program \$5500 +HST

Mat only \$1600 +HST

